
NO SURPRISES ACT

Delray Beach Counseling

Your Right to a Good Faith Estimate

Under the federal No Surprises Act, you have the right to receive a "Good Faith Estimate" explaining how much your medical and mental health care will cost. Healthcare providers are required to give patients who don't have insurance, or who are not using insurance, an estimate of the expected charges for medical services, including psychotherapy services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency services, including psychotherapy.
- Make sure your healthcare provider gives you a Good Faith Estimate in writing at least one business day before your service. You can also ask your provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises.